

DUNES



BEAUTY SUITE

At The Grand Hotel Swansea

Dunes Beauty Treatments

Waxing

A semi permanent method of hair removal, using gentle tea tree wax that can be used on all skin types.

1/2 Leg	£12.00	3/4 Leg	£15.00
Full Leg	£19.00	1/2 Arm	£8.00
Full Arm	£10.00	Under Arm	£6.00
Upper Lip	£5.00	Chin	£5.00
Abdomen	£8.00	Bikini	£8.00
Brazilian	£15.00	Hollywood	£20.00

Waxing Offers

Full leg, bikini & under arm	£29.00
Full leg, brazilian & under arm	£35.00
1/2 leg, bikini & under arm	£21.00
1/2 leg, brazilian & under arm	£28.00
Full leg & bikini	£26.00
1/2 leg & brazilian	£25.00
1/2 leg & bikini	£19.00

Eye Treatments

Eyebrow Shape	£8.00
*Eyebrow Tint	£6.50
*Eyelash Tint	£7.50
*Eyebrow Tint, Eyelash Tint and shape	£15.50

*24 hour patch test is needed.

Nail Treatments

Express Manicure - coloured polish	£8.00
Express Manicure - french polish	£10.00
Manicure - with clear or coloured polish	£13.00
Manicure - with french polish	£15.00
Deluxe Manicure	£18.00
Pedicure	£18.00
Deluxe Pedicure	£23.00

Gel Nail Extensions

Natural	£30.00
French Tipped	£25.00
Infills	£15.00

Body Treatments

Aromatherapy Facial (1hr) £28

A highly relaxing deep cleansing facial that purifies, refines and hydrates the skin. Individual essential oils are blended to suit the client and are combined with pressure point and facial massage leaving the skin radiant and moistened.

Specialised Facial (45mins) £25

Suitable for all skin types and unique to the individual client. Skin is deeply cleansed, toned, exfoliated and completed with a treatment masque. Leaving skin refreshed, hydrated and radiant.

Indian Head Massage (30mins) £20

This compact treatment will help to reduce tension, increase circulation and leave you with a feeling of total relaxation. No oils used.

Aromatherapy Massage (1hr 15mins) £35

A therapeutic massage and one of the finest anti-stress treatments available, as well as restoring lost energy it improves lymphatic drainage and blood circulation. This Includes a full body and facial using carefully selected essential oils to suit individual needs.

Back & Shoulder Aromatherapy Massage (30mins) £20

Back and shoulders are deeply massaged with a blend of essential oils suited to the individual client.

Dunes Ultimate Pampering

Back & Shoulder Aromatherapy Massage
Specialised Facial
Manicure
Eyebrow Shape or Tint **£55.00**

tel: 07970 752644
www.dunesbeauty.co.uk

If you have any medical conditions, G.P. approval may be required for the listed treatments.
Please inform the beautician before booking
Please book treatments in advance to avoid disappointment.
Treatments available 7 days a week, 9am-8pm appointments only.
Dunes Beauty Suite is an independent business within The Grand Hotel, **Cash & Cheques only.**



Dunes Beauty Suite is an independent business within the newly renovated 4 star Grand Hotel, Swansea (Cash or Cheques only). It is run by two fully qualified, experienced freelance Therapist, Laura and Nicola who are dedicated to making you, our customer feel pampered and revitalised.

Laura and Nicola are available for treatments 7 days a week between 9am and 8pm, but by appointment only.

Please book all treatments in advance to avoid disappointment (Cash and Cheques only).

Rosa Facials

Regenerating Facial (1hr 15mins) **£38**

Excellent treatment for maturing, stressed or distressed skin as the skin is deeply cleansed, exfoliated, massaged and a specially blended mask will complete the treatment.

Rosa Pore Release (45mins) **£30**

The skin is cleansed deeply using Rosa Organic cleansing Balm; toned with either Pure Rose Liquid or Orange Blossom; exfoliated and steamed to release congestion in the skin.

Rosa Skin Booster (1hr 15mins) **£40**

This treatment is designed to combat the effects of premature ageing. A firming treatment using products rich in seaweed extract, Green Tea and Vitamin C. Includes Collagen Mask.

Express Facial (30mins) **£23**

Take time out for your skin with Rosa Express Facial that will achieve maximum results in the minimum of time.

Rosa Body Treatments

Heavenly Back, Face and Scalp (1hr 10mins) **£35**

Experience this luxurious treatment as your back is deeply cleansed and exfoliated with Rosa Gently Cleansing Cream with tamanu oil, exfoliating body scrub with burdock root and yarrow. The head and scalps vital energy points are massaged followed by a hydrating and purifying facial.

Stress Release Treatment (1hr 30mins) **£45**

This deeply relaxing treatment is designed to release unwanted toxins from your body, improve lymphatic drainage and blood circulation. The treatment includes a body scrub, scalp and body massage with a de-stress blend containing jasmine, bergamot, rosewood and lavender essential oils. Finally a body wrap is applied to aid relaxation, relieve tension and create a total sense of well being.

Rosa Body Treatments

Detoxifying Treatment (1hr 45mins) **£55**

Experience this purifying and balancing treatment as it combines body brushing, exfoliation with Rosa seaweed lotion which revitalises the skin, a lymphatic drainage massage with a detoxifying blend containing mandarin, juniper, rosemary and geranium essential oils to boost metabolism, reduce fluid retention and thereby detoxify the whole body. Your body is then cocooned to stimulate and encourage the elimination of toxins.

Rosa Body Polish (30mins) **£25**

An exclusive body and skin enhancing treatment which can be used in isolation to remove dead or dry skin or as a preparation for aromatherapy massage. The body is completely cleansed and exfoliated and finished with a nourishing body lotion.

All Rosa Body Treatments may be completed with a nourishing body lotion.

Selected Rosa products are available in the Dunes' Beauty Suite

New to Dunes Beauty Suite

Reflexology (1hr) **£30**

Reflexology is an ancient form of massage which uses reflex areas on the feet to release unblocked energy and rebalance the body.

Fake Bake – Self Tanning Treatment

Full Body (including exfoliator and moisturiser) **£30**

Half Body **£15**

Top – up Full Body **£15**

Spa Packages

Day Spa Package **£15.95**
2 course lunch at the Le Petit Mat Restaurant
Full use of leisure facilities

Weekend Spa Package (Based on 2 sharing) **£130**
1 Nights stay in the Grand Hotel
Full use of the leisure facilities
3 course evening meal and full English breakfast

Terms and Conditions: Your appointment may be released if you are more than 15 minutes late for your treatment and late arrivals may constitute a reduced treatment time. A 24 hour cancellation notice is required otherwise we regret a 50% cancellation fee will apply.

Prices subject to change without prior notice

DUNES



BEAUTY SUITE

At The Grand Hotel Swansea

Weekend Spa Package

Based on two people sharing

Includes:-

- One Nights Stay at the Hotel

- Full use on Leisure Facilities -

Gymnasium
Sauna
Steam Room
Spa
Relaxation Beds
Solarium (£1.00 for 3mins)

- 3 Course Evening Meal

- Full English Breakfast

All for a Special offer of £130.00.

To book contact the Grand Hotel on 01792 645898

Why not complete your stay with a Beauty Treatment or Package at Dunes Beauty Suite.

Contact Laura on **07970752644** to book your pampering session.

Day Spa Package

Includes:-

- Two course lunch

- Full use on Leisure Facilities -

Gymnasium
Sauna
Steam Room
Spa
Relaxation Beds
Solarium (£1.00 for 3mins)

All for a Special offer of £15.95 (Paid at Hotel Reception on Arrival)

To book your day spa, contact the Grand Hotel on **01792 645898**

Why not complete your day spa with a Beauty Treatment or Package at Dunes Beauty Suite. (Cash & Cheques only).

Contact Laura on **07970752644** to book your beauty treatments.

Pamper Packages

Package 1

Express Manicure
Pedicure

£23

Package 2

Indian Head Massage
Pedicure

£34

Package 3

Specialised Facial
Hand & Feet nail shape & polish

£30

Package 4

Rosa Express Facial
Aromatherapy Back & Shoulder Massage
Express Manicure

£45

Package 5

Rosa Heavenly Back, Face & Scalp
Manicure

£45

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